

Name of Course: HSCI 1130 - Foundations of Health Science

Part A			Part B	Part C	
Which delivery mode best supports each element (assessments/activities/resources) of the learning outcome?			Which delivery mode best supports each learning outcome as a whole?	Which delivery mode best supports all the learning outcomes for the course?	
ELEMENT	METHODS	DELIVERY MODE	DELIVERY MODE	DELIVERY MODE	
LO1: Identify and define foundational medical terminology					
Assessment	Self-assessments, quizzes, definition sheets	any	hybrid	HYBRID The questions for consideration indicated that aspects are best offered in person alongside the strong f2f activities, hybrid is the preferred modality	
Activities	Flashcards, definitions games (jeopardy style)	F2F			
Resources	Textbook readings, glossaries	any			
LO2: Apply theoretical frameworks to the development of personal health habits					
Assessment	Essay questions, in-class tests	F2F	hybrid		
Activities	Discussions	Any			
Resources	Textbook readings, lecture to compare and contrast theories	F2F and online			
LO3: Conduct a personal health habit assessment on themselves or another person					
Assessment	Essays	online	online		
Activities	Frequency/duration log or checklist, journaling	online			
Resources	Textbook readings, videos or podcast	online			
LO4: Identify and compare the effects of external factors of personal health habits					
Assessment	Essays	online	online		
Activities	Personal health habit self-inventories, discussions, journaling	online			
Resources	Textbook readings, videos or podcast	online			

Adapted from: Brinthaup, T. M., Clayton, M. A., Calahan, P. T., & Draude, B. J. (2014). How should I offer this course? The course delivery decision model (CDDM). *Journal of Online Learning and Teaching*, 10(2), 326.