

Learning & Recall: Chunking & Organizing

When there is a lot of Information to Learn from Your Notes and Readings, it is recommended that You find Ways of Organizing Your Information ...

Improve Learning & Recall of information by Chunking and Organizing ...

Chunking:

- Breaking up the Bigger Part(s) of Information or “*Chopping it up*” into Smaller and more manageable parts
- into smaller and more manageable Parts or Units
- Result: Easier to Place or “Record” into Your Memory

Organizing:

- Take the more Manageable parts and organize these in a Meaningful and Logical Way (Hint: in a way that makes sense and Helps with your Recall in Exams)
- Another way of looking at Organizing is “Grouping” the Information
- Look for “Patterns”: is there a consistency? (i.e. similarities, themes, etc.)