

Overview of Expert Learning Strategies

- Plan Your Study Session to Make Efficient use of Your Time
- Learn Concepts Meaningfully (in a deep manner) versus surface and superficial Learning (happens often in cramming and rote learning)
- Use Analogies to Learn Challenging Concepts
- Learn to Make Meaningful Connections between Concepts
- Use Chunking and Organizing to Manage Large Chunks of Information
- Use Different Styles of Thinking (e.g. Synthesist, Analyst, Pragmatist, etc.) to Enhance Learning & Recall
- Use Multiple Intelligences (Linguistic, Logical-Mathematical, etc.) to Enhance Learning & Recall
- Whole-Brain Learning (Balancing Critical Thinking, Logical-Analytical with Emotions, etc.) to Enhance Learning & Recall
- Learning Recognize and Use Information in Books, Lectures, etc. to Enhance Learning & Recall