

# Summarize and Review Your Learning

Once You Finish reading Your Chapter, don't just close the book and depart...

- Make sure that Key Concepts and Topics have “*sunk in*”

Self-Testing to help You Summarize and Review:

- Give Yourself a short and Quick Timed Quiz to see if You can Recall the Main Concepts and Topics AND to see how well You have understood them
- You can also draw a Mind-Map or Concept-Map to help You with the Quiz – this is especially helpful in making links between the Key concepts

Main objective of Self-Testing after Reading:

- To see how well You have understood the content in terms of Your upcoming exam(s)
- Identify where You have Misconceptions (misunderstanding Concepts) & Falsified Recall (flawed recall of Information and Facts)