Optimistic Listening

How You Listen in Class has a significant impact on Your Note-taking:

An Optimistic Attitude can have a positive impact on Your ability to take Effective Notes

Monitor your Attitude towards Your Class and Your Instructor:

- Negative attitudes can reduce Your Note-taking effectiveness
- Do not allow Other Students' Attitudes to affect Your own attitudes towards the Course and Instructor

As You Take Notes in Class:

- ➢ Judge the <u>Content</u> of the Lecture
- Do Not Judge the <u>Delivery</u> (instructor's voice, "style", etc.)

The Instructor's job:

- Ensure that You get the Information (Content) needed for Your Course as outlined in the Learning Outcomes
- ➢ Instructors are Lecturers They are Not Entertainers