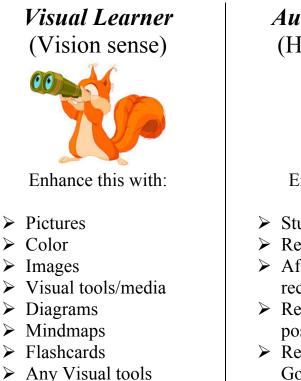
## **The Rose & Nicholl 6-step Plan:** (2) Acquiring the Information

Three Sensory Tools we can use for Learning:



*Auditory Learner* (Hearing/Sound)



Enhance this with:

- Study partners/Gps
- Recite info aloud
- After skimming Chapter, recite what U know aloud
- Read Chapter aloud if possible
- Read Flashcards aloud Goal-setting

*Kinesthetic Learner* (Physical Involvement)



Enhance this with:

- Visualize yourself "doing" what U are Learning
- "Pointing" when reading
- Diagrams & sketches
- "Role Play" your Learning

Three General approaches You can Use:

- See what Sense(s) you use Most: Amplify that sense(s)
- 2) Start Using More & developing Your other Senses
- 3) Multiply Your learning: Use All Three Senses (Visual, Auditory & Kinesthetic)

Kaveh Farrokh (Ph.D.)